



## Managing Challenging Behaviour and Physical Restraint

### **Rationale**

From time to time school staff may be required to restrain a child. The school should only be expected to do this where the parent indicates, in writing, that this is the only effective method to maintain the safety of that particular child and others in the environment.

### **Purpose**

To maintain the safety of the child and others in the teaching environment.

### **Guidelines**

1. Any advice from parents regarding physically restraining a child should be informed consent in writing addressed to the Principal.
2. Method of restraint should be agreed on by the parents with written approval from Group Special Education Services (GSES).
3. Wherever a child may require restraining by either a teacher aide or a teacher, this should be documented in the record book (kept in the office) with one copy retained by the school and another sent home.
4. Whenever possible, restraining will be witnessed by another adult and a record kept which is initialled by both adults.
5. This process is to be reviewed on a term by term basis.

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**Next Review: Term 2 2024**